

Blackpool Carers Centre

Quality • Passion • Respect

Charity No. 1114558

Managing Challenging Behaviour Course





Managing Challenging Behaviour

For many parents, coping with a child's challenging behaviour can be extremely difficult, and place a major stress and strain on parents and their family.

This course provides parents with strategies to help manage these behaviours and enables them to meet with others who are in similar situations which helps to show parents they are not alone.

The course is set out over four sessions:

- What is challenging behaviour
- Why challenging behaviour happens
- Resilience and self confidence
- Strategies for managing challenging behaviour.



The course is delivered over
2 days - 9.30am-2.30pm, or
4 evenings - 6.00-8.00pm.

The Managing Challenging Behaviour
course is open to all parents living in
Blackpool who have a child with
challenging behaviour.

Parents can self-refer or be referred by
any professional or family member.

**For further information or to
book a place on any of the
workshops, please contact
Alison Brown on
01253 393748.**





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*Texts charged at your standard network rate

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